

REGISTERED COMPANY NUMBER: 02952583 (England and Wales)  
REGISTERED CHARITY NUMBER: 1040370

REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE YEAR ENDED  
31 MARCH 2011  
FOR  
HEALTHWORKS NEWCASTLE

Robson Laidler LLP  
Fernwood House  
Fernwood Road  
Jesmond  
Newcastle upon Tyne  
NE2 1TJ

HEALTHWORKS NEWCASTLE

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FOR THE YEAR ENDED 31 MARCH 2011

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## HEALTHWORKS NEWCASTLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2011

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2011. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

#### REFERENCE AND ADMINISTRATIVE DETAILS

**Registered Company number**

02952583 (England and Wales)

**Registered Charity number**

1040370

**Registered office**

Health Resource Centre

Adelaide Terrace

Benwell

Newcastle upon Tyne

Tyne and Wear

NE4 8BE

**Trustees**

Rev B G Vernon (Chair of Board of Trustees)

Prof C K Drinkwater

M Ions

Ms L Woodcock

D S Ahad

P C Kenrick

S Pallett

K Graham

Ms A Scofield – resigned 16.12.10

**Advisers**

Norma Armstrong - mental health specialist employed by Your Homes Newcastle

Colin Jenks – local resident - resigned 22.07.10

Susan Bennett - physical activity service manager for Newcastle City Council

Moira Hill - manager of Newcastle Nutrition Service

Lin Simmons – Sure Start West Riverside Children's Centre Lead (Newcastle City Council)

**Volunteers**

- Trustees - 9
- Advisors - 5
- Reception volunteers - 2
- Food and Nutrition volunteers - 10

**Chief Executive Officer**

Ms S Cowling

**Auditors**

Robson Laidler LLP

Fernwood House

Fernwood Road

Jesmond

Newcastle upon Tyne

NE2 1TJ

**Bankers**

Barclays Bank plc

446 Westgate Road

Newcastle upon Tyne

NE4 9BN

**Solicitors**

David Gray

56 Westgate Road

Newcastle upon Tyne

NE1 5XU

## **HEALTHWORKS NEWCASTLE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2011**

#### **COMPANY STATUS**

The company is limited by guarantee and all members have agreed to contribute a sum not exceeding £1 in the event of a winding up. The number of guarantees at 31 March 2011 was 8.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

A company limited by guarantee first registered 26/07/94 (registration number 02952583) and re-registered on 11/04/08 as HealthWORKS Newcastle. It was also registered as a charity on 25/08/94 (registration number 1040370). We are governed through our Memorandum and Articles of Association document.

##### **Recruitment and appointment of new trustees**

Trustees appointment rules are set out in our governing document. Trustees are persons (whether individuals, association or corporations) appointed with a view to them contributing to the resources and/or the effectiveness of the Charity and in particular to secure the representation of appropriate statutory and community organisations in Newcastle upon Tyne.

##### **Induction and training of new trustees**

Each new Trustee is supplied with an induction pack containing appropriate Charity Commission documentation and information about HealthWORKS Newcastle and its policies and procedures including a copy of the latest audited accounts. This induction pack is designed to ensure each trustee has adequate knowledge of the organisation and their role and responsibilities as Trustees.

##### **Organisational structure**

We are structured as a Board of Directors/Trustees. This Board takes ultimate responsibility for the running of the organisation and its decision making. This Board is assisted and advised in its decision making powers by a wider management group comprising all Directors/Trustees and other people nominated to serve on the group. Day to day operational decisions is delegated to the Chief Executive.

##### **Risk management**

Trustees are content that major risks have been considered and that a risk management policy is in place which specifies these risks and outlines the strategies for minimising them. This process enables trustees to focus on avoiding risk that would prevent the charity achieving its strategic objectives. This enables us to take opportunities having considered potential risks, confident that reasonable steps have been taken to mitigate them. Operationally, Health and Safety remains a standing item on the monthly Board agenda, where detailed consideration to health and safety issues take place.

## HEALTHWORKS NEWCASTLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2011

#### OBJECTIVES AND ACTIVITIES

##### Objectives and aims

Our objects are to preserve and protect the good health of the community in Newcastle upon Tyne in particular by the establishment of a Health Resource Centre in that area. These objects do not change from year to year, however, our precise programme of work does change from year to year in line with community needs and priorities as well as the priorities of our customers and funders.

Our overall aim is to pilot and evaluate new and interesting ways of reducing inequalities in health, by helping people to maintain or improve their health - whatever their age, health problems, physical or mental ability, ethnicity or background.

##### Focus

- To put our clients at the centre of all that we do
- To provide the highest quality of service to our clients
- To promote health and wellbeing through all of our services, collaborating with partners in primary, secondary and social care, and statutory, voluntary and academic agencies
- To ensure effective management and leadership, whilst maintaining the highest standards of governance via our Board of Trustees
- To recruit, train and support an excellent local workforce
- To promote our services effectively across the locality
- To demonstrate the outcomes of the work we are involved in

##### Values

- To be aware of the effect of health inequalities and design all services to contribute to narrowing the gap
- To recognise the diversity of our staff and our communities as a strength, reflecting our commitment to equality of opportunity
- To develop and maintain strong relationships with local communities and non-statutory organisations
- To work with all our clients in a sensitive and respectful manner, recognising our duty to confidentiality and acting within the Data Protection Act
- To appreciate the contribution of staff, volunteers, Trustees and advisors, stakeholders and partners
- To understand and embrace the need for continuous improvement, using reflective practice to learn from our work, celebrating what works and changing what doesn't work
- To be aware of the potential of new opportunities and challenges
- To manage our resources responsibly with emphasis on best use of our funding
- To recognise our environmental responsibilities as part of the wider sustainability agenda
- To promote the principles of community development practice, as demonstrated throughout our work

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2011

**OBJECTIVES AND ACTIVITIES**

**Strategies and activities**

In reviewing and developing strategies, the trustees have paid due regard to the Charity Commission's general guidance on public benefit.

To deliver our aims and objectives we provide:-

- Support and activities to influence positive lifestyle changes, including physical activity and healthy eating, to maintain or improve the health of people living or working in areas of Newcastle upon Tyne recognised as being disadvantaged.
- Services that are safe, welcoming, secure and well-managed, addressing access and equity issues.
- Appropriate and user-friendly community activities, responding to locally identified needs and involving local residents in decisions about priorities.
- Health information and advice, particularly for people with long-term illnesses, such as diabetes and heart disease.
- Facilities and practical support for service delivery by other organisations whose objectives complement those of our organisation.
- Participation and leadership in local health-related networks and partnership contributing to our aims and objectives.

**How our activities deliver public benefit**

- Recognising the wider social determinants of health
- Building on the capacity of individuals to identify and act on issues that impact on their own, and others, health and wellbeing
- Making sure that people get the services they need

We recognise that individuals all have differing starting points and goals, and that they need **realistic options** to enable them to achieve positive change in their lives.

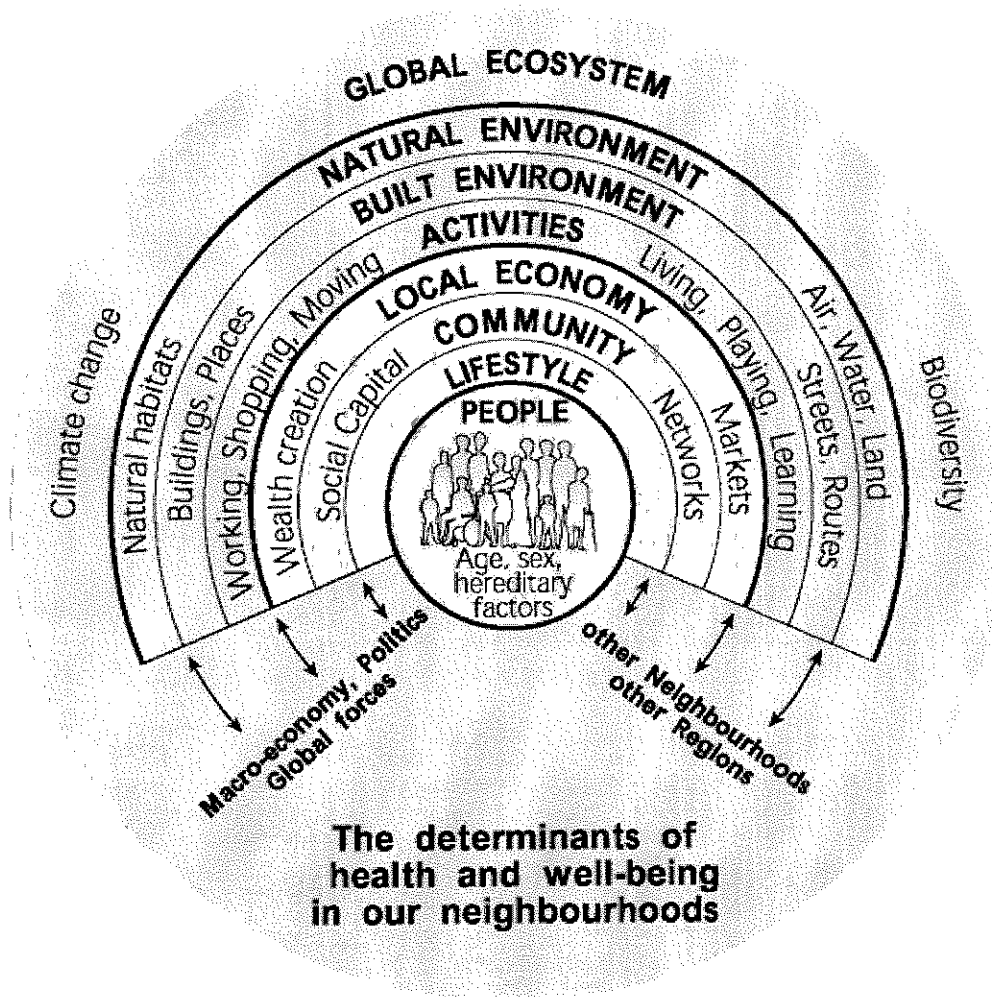
We strive to provide a **choice** of activities and/or support, linking people into groups and resources in their **local** community to embed the changes and promote **sustainability**.

We work with families and individuals, across the **life course**, linking in to as many other agencies as possible to make best use of what is already available and avoiding duplication.

The wider **social determinants of health** may be beyond our direct sphere of influence but we signpost to relevant agencies to deal with debt, housing, employment, relationship counselling etc.

Our focus is on supporting people to develop personal and community **resilience** and improve their health literacy; releasing them to direct their own lives. The biggest **asset** we have is on our doorstep; the people we work with can and do manage very complicated lives and we strive to support them around **health and wellbeing** to aid this process wherever possible.

A health map for the local human habitat



Barton, H. and Grant, M., (2006)

This health map has been designed as a dynamic tool that provides a basis for dialogue and engenders a new way of collaborative working across multiple sectors.

HealthWORKS employs this model to help shape our thinking around planning, doing and then reviewing; altering what we do if it doesn't achieve the planned outcomes.

## HEALTHWORKS NEWCASTLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2011

The main activities of the Charity as follows

- Provision of a community gym and exercise studio available for local people in the West End of Newcastle and workers in that area.
- Provision of artificially low tariffs to access gym/classes to make activity affordable for those on low incomes
- Close partnership work with the Lemington Centre, in the outer west of the city, to provide a high quality service through the community gym there
- Delivery of an Exercise on Referral service, at both centres, for those with long term conditions
- Manage the Sure Start Children's Centre within the Lemington Centre on behalf of Sure Start Outer West
- Management and delivery of the citywide Community Health Trainer team service, with a specific focus on areas of disadvantage as designated by the Index of Multiple Deprivation
- Delivery of health improvement initiatives in partnership with Newcastle Primary Care Trust and in partnership with a variety of health professionals.
- Delivery of practical, needs-led and innovative healthy eating work within local communities, a large part of this work is in partnership with Sure Start West Riverside.
- Design and delivery of accessible training courses within the community to support those who may wish to re-engage with education and training
- Promotion of a better understanding of mental health issues and a reduction in the associated stigma by delivering 'Mental Health First Aid' courses to staff from the statutory and third sector, as well as to local communities
- Employment and co-ordination of the Breast Feeding Peer Support team across the city, working to increase both initial and longer term rates of breast feeding, in partnership with Sure Start, Newcastle PCT and the Newcastle Hospitals Foundations Trust.
- Disseminating information to a wide email network of small, local agencies and charities working across the city but with an emphasis on those in the inner west.

#### Performance

- A significant attendance by people from Black and Minority Ethnic groups, (including women only activity sessions) at 41% of total participation figures N.B. 15% of the residents of Newcastle are recorded as being from non-British communities ( 2009)
- Increased employment opportunities for local people via recruitment to new posts, or to fill posts left by staff moving on. At 31/03/11 we employed 67 staff (46 FTE) which was an increase on 31/03/10 (59 and 36 respectively).
- A significant increase in the Exercise on Referral activity across two community gyms
- Increased delivery of training (accredited and non-accredited courses), extending our efforts to raise awareness of community health issues (Mental Health First Aid , Understanding of Health Promotion, an Introduction to Community Development)
- The successful implementation of 'Staying Steady', a falls prevention programme introduced in four venues across the city
- The successful delivery of a commission from the City Council to manage a Short Breaks Fund (from the 'Aiming High For Disable Children' budget ) to enable disabled children and young people to participate in local mainstream activities, that their non-disabled peer group access regularly.
- The introduction of a Breast Feeding Peer Support team to support families across the city and co-ordinate the voluntary Peer Supporters, all working to increase breast feeding rates in Newcastle.

## HEALTHWORKS NEWCASTLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2011

- Funded by Newcastle PCT as part of a range of projects to contribute to halting the rise in childhood obesity, the newly created post of Community Co-ordinator (Change4Life in West Newcastle) commenced in June. This role has connected 33 local agencies with 14 primary schools and other allied groups, creating great enthusiasm for the task and knitting them together as a C4L partnership; sharing intelligence and meeting up every quarter to refresh the mission. They are now able to give consistent information to local families and refer people to the statutory funded services for support and advice on 'eating well, moving more and living longer'
- Accounts at the end of the financial year presented a surplus, enabling us to continue our work and avoid introducing cuts in the immediate future

#### **Volunteers**

Volunteers contributed to the work of HealthWORKS Newcastle in all its varying programmes of activity. All the following groups and decision making bodies depend on the efforts of our volunteers to work effectively:

- HealthWORKS Newcastle Trust Board
- Sub Groups of the Trust Board
- Food and Nutrition Team Support

## HEALTHWORKS NEWCASTLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2011

#### Achievements

##### IMPACT award

HealthWORKS was proud to be one of 20 organisations picked from a national field of 420 entrants to achieve a GlaxoSmithKline IMPACT award. The IMPACT Awards have been running since 1997 and are designed to recognise and reward charities that are doing excellent work to improve people's health. They are funded by GlaxoSmithKline and managed in partnership with The King's Fund. The awards are open to registered charities working in a health-related field in the UK, with a total annual income between £10,000 and £1.5 million.

The award helps improve status (particularly with funders and commissioners) and the award can be used as winners see fit, a valued and rare opportunity for charities to invest in infrastructure or training. As one of the 5 highly commended charities we received a £5,000 award and a place on their 5 day training course for charities working in health care. Valued at £4,000 for each organisation, the training was hosted by The King's Fund in London and funded by GlaxoSmithKline. The training provided is to support organisations at an important stage in their development and gives HealthWORKS membership of the IMPACT Development Network.

HealthWORKS was recognised as fulfilling the award criteria cover the following areas:

##### **I**nnovation

Leadership, creativity and initiative in addressing current challenges in health care access and delivery.

##### **M**anagement

Efficient use of resources; quality of management processes; equality of opportunity; clear objectives and plans; strength and financial effectiveness of the organisation.

##### **P**artnership

Working effectively with others (members, users, private and public sector partners etc); willingness to share 'best practice' and to learn from others.

##### **A**chievement

Measurable results achieved; numbers of people benefiting; impact on access to healthcare; a reflective approach to evaluation of the work; measurement and monitoring of performance.

##### **C**ommunity Focus

Involving and responding to users and the community; openness and provision of information; adaptability to changing circumstances and needs.

##### **T**argeting Need

Awareness of community issues and priorities; having a detailed understanding of the target community; ensuring services are accessible to and focus on people in need.

#### Building Refurbishment

An interest free loan of £100k (from The Social Investment Business) enabled us to enlarge and modernise the reception area, gym, studio and changing rooms in the Health Resource Centre. Untouched since the building was opened in 1996 this work has been very well received by the public and staff. We wanted our clients to have clean, modern facilities that compare well with larger sports centres or commercial gyms. The new individual changing rooms and showers, which replace the previous communal facilities, are the biggest success. Coming a close second is the range of accessible gym equipment now installed to allow easy use by people with differing needs.

### **Sure Start Partnership**

In September 2010 the Sure Start West Riverside Information point moved into the Health Resource Centre, leaving a small commercial unit in the shopping centre next door. This has helped cement an already very positive partnership and has brought a new focus to the reception area with parents, carers and children being there throughout the day.

The reception team now handle enquiries about Sure Start services in the area and signpost people to other services as required. Sure Start have also installed a Job Centre Plus 'i-stop' so that people can come in off the High Street and search for job vacancies from 8am until 8pm, Monday to Saturday. The family room has been re-decorated and upgraded and links with the outdoor play space that has also had a makeover.

### **Merger**

After working closely with the Lemington Community Association for 3 years it became clear that both organisations could benefit from merging. Our aims align well, although our models of working differ. Lemington is an un-incorporated volunteer led management committee, running a busy community hub, whereas HealthWORKS focuses on a wide range of service delivery via a team of employees.

Joining together will increase the impact of our individual work by reducing duplication of effort and streamlining back office functions. It will allow a scaling up of beneficiaries reached and create an entity big enough to feature more prominently on the commissioning landscape. Savings will also be realised by Lemington no longer needing to pay VAT on the services HealthWORKS provides.

The HealthWORKS Board of Trustees has paid tribute to all the work that the Lemington Community Association has done to make the merger possible and recognises that this has not been an easy decision for the management committee, some of whom have been giving their time to the Centre for over thirty years.

As of April 1<sup>st</sup> 2011 both organisations will operate as the combined charity, HealthWORKS Newcastle.

## HEALTHWORKS NEWCASTLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2011

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

The strategy during this period has been to provide people with the services offered at our Health Resource Centre, targeting and including people who are more isolated and offering choice and variety in our programme where possible. The strategy was also to continue to develop networks for communities to deliver healthy living activities and spread good practice across Newcastle upon Tyne. Underpinning our strategy was an expectation of increasing awareness of the benefits of investing in healthy living activities. Our strategy was developed in response to evolving public health policies to reduce health inequalities, prevent chronic disease and promote good health and wellbeing. Specific achievements in 2010-11 are:-

- Significant attendance by those in Black and Minority Ethnic groups, (including women only sessions) at 45% of total participation figures.
- Successfully applying for an interest free loan from FutureBuilders to enable us to enlarge and modernise the reception area and changing rooms.
- The development of a new HealthWORKS website to enable us to use this medium more in the future.
- Provided employment opportunities for more local people via recruitment to new posts left by staff moving on (61 staff - 42 full time equivalents).
- Significant increase in the GP Exercise on Referral activity across the two community gyms.
- Increased delivery of training (accredited and non-accredited courses) extending our efforts to raise awareness of community health issues (Mental Health First Aid, Understanding of Health Promotion).
- Maintaining Positive links with partners and stakeholders which in turn maintains our profile as an agency delivering on the health equity agenda.
- Gaining a commission to deliver a falls prevention programme across the city after a year of development work.
- Aligning our services with those of Sure Start West Riverside and agreeing that they would move part of their outreach team into the Health Resource Centre in April 2010.
- Accounts at the end of the new financial year presenting a modest surplus, enabling us to continue our work and avoid introducing cuts in the immediate future.

#### FINANCIAL REVIEW

##### Reserves policy

Our policy is to hold money in the following designated funds:-

- **Planned capital investment and major maintenance fund** - to cover the costs of planned building and equipment updating to ensure we continue to have the required facilities to deliver our work.
- **Building alteration fund** - to provide a short term cushion against the loss of premises rental income in line with the plans of a tenant to relocate, allowing sufficient time to redevelop the space for alternative use.

The policy also requires money to be held in a general reserve at an amount approximating to between 6 and 9 months operational costs in order to ensure service delivery is not jeopardised through fluctuations in funding. For 2011/12 this amounts to between £705,000 and £1,057,000. This is an aspirational target which HealthWORKS Newcastle is currently working towards.

Trustees review this policy on an annual basis to ensure that the designated funds held continue to be appropriate for our organisation, and to ensure monies held in General Reserve are appropriate.

## **HEALTHWORKS NEWCASTLE**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2011**

#### **Principal funding sources**

We received a mixture of fees for services provided (85% of our total income), grant aid (14% of our total income), and other sources of income (1%). This income funded the wide range of activities which took place both within our building and within local community settings across Newcastle upon Tyne.

Our principal sources of fee income were:

- Contracts/Service Level Agreements (82%)
- Sales (9%)
- Premises Rental (9%)

Our principal grant funders were:

- Local Authorities (73%)
- Health Authorities (25%)
- Others (2%)

#### **FUTURE DEVELOPMENTS**

The main changes anticipated in 2011/12 will be the response to the negative effects of the recession on funding, exacerbated by the increased level of need of those who live in the disadvantaged areas that we serve.

We plan to:-

- Explore the funding challenges and opportunities presenting due to potential changes in central government, and to develop innovative ways of responding to the political and economic environment to enable us to continue, and even increase, our activities.
- Maintain our commitment to invest in the HealthWORKS workforce as a priority, aiming to sustain local employment and the provision of high quality services delivering against a recognised need.
- Rationalise systems post merger with Lemington Healthy Living Centre, sharing resources and best practice and ensuring co-ordinated coverage of Inner and Outer West Newcastle.
- Continue joint planning with staff, local residents and partner agencies to ensure well designated development of our building to increase our capacity to deliver services over the next 3 to 5 years.
- Use an agreed proportion of our reserves before resorting to redundancies.

**HEALTHWORKS NEWCASTLE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2011**

**STATEMENT OF TRUSTEES RESPONSIBILITIES**

The trustees (who are also the directors of Healthworks Newcastle for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS**

So far as the trustees are aware, there is no relevant information (as defined by Section 418 of the Companies Act 2006) of which the charitable company's auditors are unaware, and each trustee has taken all the steps that they ought to have taken as a trustee in order to make them aware of any audit information and to establish that the charitable company's auditors are aware of that information.

**AUDITORS**

The auditors, Robson Laidler LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

**ON BEHALF OF THE BOARD:**

.....  
C K Drinkwater - Secretary

Date: .....

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF HEALTHWORKS NEWCASTLE**

We have audited the financial statements of Healthworks Newcastle for the year ended 31 March 2011 on pages eighteen to thirty. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

### **Respective responsibilities of trustees and auditors**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

### **Scope of the audit of the financial statements**

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements.

### **Opinion on financial statements**

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2011 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Opinion on other matter prescribed by the Companies Act 2006**

In our opinion the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Report of the Trustees.

Michael Moran FCA (Senior Statutory Auditor)  
for and on behalf of Robson Laidler LLP  
Fernwood House  
Fernwood Road  
Jesmond  
Newcastle upon Tyne  
NE2 1TJ

Date: .....

HEALTHWORKS NEWCASTLE

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2011

	Notes	Unrestricted funds £	Restricted funds £	Year Ended 31.3.11 Total funds £	Period 1.1.09 to 31.3.10 Total funds £
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income	2	16,316	-	16,316	7,642
Activities for generating funds	3	64,573	-	64,573	44,737
Investment income	4	891	-	891	1,355
<b>Incoming resources from charitable activities</b>					
Health improvements activities	5	<u>1,179,721</u>	<u>160,547</u>	<u>1,340,268</u>	<u>1,452,292</u>
<b>Total incoming resources</b>		<b>1,261,501</b>	<b>160,547</b>	<b>1,422,048</b>	<b>1,506,026</b>
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Costs of generating funds	6	30,690	-	30,690	28,877
<b>Charitable activities</b>					
Health improvements activities	7	1,034,329	227,634	1,261,963	1,371,110
Governance costs	9	<u>4,000</u>	<u>-</u>	<u>4,000</u>	<u>8,011</u>
<b>Total resources expended</b>		<b>1,069,019</b>	<b>227,634</b>	<b>1,296,653</b>	<b>1,407,998</b>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>					
		<b>192,482</b>	<b>(67,087)</b>	<b>125,395</b>	<b>98,028</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward from 31 March 2010		<u>666,368</u>	<u>1,098,293</u>	<u>1,764,661</u>	<u>1,666,633</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u>858,850</u></b>	<b><u>1,031,206</u></b>	<b><u>1,890,056</u></b>	<b><u>1,764,661</u></b>

HEALTHWORKS NEWCASTLE

BALANCE SHEET  
AT 31 MARCH 2011

		2011		2010	
	Notes	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible assets	13		1,142,958		1,056,380
<b>CURRENT ASSETS</b>					
Debtors: amounts falling due within one year	14	74,692		38,747	
Cash at bank and in hand		<u>975,492</u>		<u>777,762</u>	
		1,050,184		816,509	
<b>CREDITORS</b>					
Amounts falling due within one year	15	(241,414)		(108,228)	
<b>NET CURRENT ASSETS/(LIABILITIES)</b>					
			<u>808,770</u>		<u>708,281</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
			1,951,728		1,764,661
<b>CREDITORS</b>					
Amounts falling due after more than one year	16		(61,672)		-
<b>NET ASSETS</b>					
			<u>1,890,056</u>		<u>1,764,661</u>
<b>FUNDS</b>					
Unrestricted funds:	17				
Designated funds			330,629		218,889
General reserves			528,219		447,479
Restricted funds			<u>1,031,208</u>		<u>1,098,293</u>
<b>TOTAL FUNDS</b>					
			<u>1,890,056</u>		<u>1,764,661</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on ..... and were signed on its behalf by:

.....  
Trustee

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2011

1. ACCOUNTING POLICIES

**Accounting convention**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

**Exemption from preparing a cash flow statement**

Exemption has been taken from preparing a cash flow statement on the grounds that the charitable company qualifies as a small charitable company.

**Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific programme by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when receivable.
- Incoming resources from charitable trading activity are accounted for when earned.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

**Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Grants offered subject to conditions which have not been met at the year-end date are noted as a commitment but not accrued as expenditure.

- Costs of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct costs and support costs relating to such activities.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and includes its audit fees and costs linked to the strategic management of the charity.
- Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.
- Grants payable are payments made to third parties in furtherance of the charitable objectives of the charity. These are included in the period when the offer is conveyed and signed confirmation of terms and conditions is received from the recipient. Where such grants are not yet paid at the period end they are included in current liabilities. Grants offered subject to conditions which have not been met at the year-end date are noted as a commitment but not accrued as expenditure.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Long leasehold	- over the term of the lease
Plant and machinery	- 20% on cost and 15% on cost
Fixtures and fittings	- 10% on cost
Equipment	- 25% straight line and 20% on cost

Fixed assets are stated at cost less accumulated depreciation. Individual items costing less than £1,000 are not capitalised.

HEALTHWORKS NEWCASTLE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2011

1. ACCOUNTING POLICIES - continued

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The Charitable company contributes to defined contribution pension schemes on behalf of its employees. The assets of these schemes are entirely separate to those of the charity. The pension cost shown represents contributions payable by the charity on behalf of the employees. There were contributions outstanding at the balance sheet date of £Nil (2010: £2,092)

2. VOLUNTARY INCOME

	Year Ended 31.3.11	Period 1.1.09 to 31.3.10
	£	£
Donations	<u>16,317</u>	<u>7,642</u>
	<u>16,317</u>	<u>7,642</u>

3. ACTIVITIES FOR GENERATING FUNDS

	Year Ended 31.3.11	Period 1.1.09 to 31.3.10
	£	£
Reimbursed expenses	18,362	22,651
Other income	<u>46,211</u>	<u>22,086</u>
	<u>64,573</u>	<u>44,737</u>

4. INVESTMENT INCOME

	Year Ended 31.3.11	Period 1.1.09 to 31.3.10
	£	£
Deposit account interest	<u>891</u>	<u>1,355</u>

HEALTHWORKS NEWCASTLE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2011

5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted £	Restricted £	Year ended 31 March 2011 £	Period 01.01.09 To 31.03.10 £
<b>Health Improvement Activities:</b>				
Newcastle Primary Care Trust	-	29,750	29,750	139,050
Neighbourhood Renewal Fund	-	-	-	18,750
New Deal for Communities	-	-	-	134,166
Quality of Life Partnership	-	-	-	37,984
Your Homes Newcastle	-	1,587	1,587	1,760
Newcastle City Council	-	106,574	106,574	133,535
Physical activity	-	2,000	2,000	
Department of Health	52,745	-	52,745	20,000
Community Foundation	-	2,000	2,000	2,000
Newcastle Healthy Cities	-	-	-	120
Fees: Health trainers	434,964	-	434,964	443,835
Membership and sessional	186,229	-	186,229	54,565
Other	402,808	18,637	421,445	363,776
Room hire	653	-	653	2,294
Licence agreement	102,321	-	102,321	100,457
	<u>1,179,720</u>	<u>160,548</u>	<u>1,340,268</u>	<u>1,452,292</u>

6. COSTS OF GENERATING FUNDS

	Year Ended 31.3.11 £	Period 1.1.09 to 31.3.10 £
Staff costs	<u>30,690</u>	<u>28,877</u>

HealthWORKS Newcastle  
Notes to the accounts  
for the year ended 31 March 2011

7. Charitable activities cost

	Staff costs	Operating costs	Project grants	Depreciation	Allocation of central costs recharged	Total	Period 01.01.09 To 31.03.10
	£	£	£	£	£	£	£
Cost of generating funds	30,690	-	-	-	-	30,690	28,877
Charitable activities							
Health Improvement Activities:							
Resource centre	269,700	35,602	-	28,971	14,400	348,673	458,818
Food and nutrition	36,217	6,737	-	-	18,060	61,014	80,317
Communities for health	53,980	82,922	-	-	14,990	151,892	191,538
Learning and development	53,127	20,941	-	-	3,000	77,068	72,577
Children's centre	72,747	505	-	-	17,052	90,304	102,585
Health trainers	305,355	42,977	-	-	55,886	404,218	426,850
Fit as a fiddle	4,590	544	-	-	512	5,646	16,770
NRF projects	-	-	-	-	-	-	21,190
Other	23,900	4,847	-	-	11,191	39,938	465
Breast feeding peer support	50,421	4,827	-	-	27,962	83,210	-
	<u>870,037</u>	<u>199,902</u>	<u>-</u>	<u>28,971</u>	<u>163,053</u>	<u>1,261,963</u>	<u>1,371,110</u>
Governance costs	-	4,000	-	-	-	4,000	8,011
Support costs	60,216	102,837	-	-	(163,053)	-	-
	<u>960,943</u>	<u>306,739</u>	<u>-</u>	<u>28,971</u>	<u>-</u>	<u>1,296,653</u>	<u>1,407,998</u>
Total resources expended	<u>960,544</u>	<u>406,645</u>	<u>7,374</u>	<u>33,435</u>	<u>-</u>	<u>1,407,998</u>	

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

HEALTHWORKS NEWCASTLE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2011

8. GRANTS PAYABLE

	Year Ended 31.3.11 £	Period 1.1.09 to 31.3.10 £
Health improvements activities	<u>-</u>	<u>7,374</u>

The total grants paid to institutions during the year was as follows:

	Year Ended 31.3.11 £	Period 1.1.09 to 31.3.10 £
Cornerstone Benwell Christian Shop	-	1,000
West End Woman & Girls Centre	-	1,000
Boardroom Newcastle	-	918
Rookie Sports	-	875
Scotswood Area Strategy	-	917
Tyneside Cyrenians	-	500
Benwell Young People's Development Group	-	500
Pendower Good Neighbourhood Project	-	500
Linking Woman of Africa	-	495
Sports for Youth Academy	-	495
Murray House Community Recreation Centre	-	361
Chat Shop (return of unspent grant)	<u>-</u>	<u>(187)</u>
	<u>-</u>	<u>7,374</u>

9. GOVERNANCE COSTS

	Year Ended 31.3.11 £	Period 1.1.09 to 31.3.10 £
Audit fee	<u>4,000</u>	<u>8,011</u>

10. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	Year Ended 31.3.11 £	Period 1.1.09 to 31.3.10 £
Depreciation - owned assets	27,421	33,435
Auditors remuneration fee	4,000	8,011
Deficit on disposal of fixed asset	<u>1,550</u>	<u>719</u>

## HEALTHWORKS NEWCASTLE

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2011

#### 11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2011 nor for the period ended 31 March 2010.

No trustees or other persons related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the period. (2010 : £Nil)

#### Trustees' Expenses

There were no trustees' expenses paid for the year ended 31 March 2011 nor for the period ended 31 March 2010.

#### 12. STAFF COSTS

	Year Ended 31.3.11 £	Period 1.1.09 to 31.3.10 £
Wages and salaries	877,587	881,646
Social security costs	68,404	57,000
Other pension costs	<u>14,952</u>	<u>21,898</u>
	<u><b>960,943</b></u>	<u><b>960,544</b></u>

The average monthly number of employees during the year was as follows:

	Year Ended 31.3.11	Period 1.1.09 to 31.3.10
Chief executive	1	1
Finance manager	1	1
Buildings maintenance manager	1	2
Administrative support	5	5
Cleaner	3	1
Children's centre manager	1	1
Family community development worker	1	1
Playgroup worker	1	-
Food and nutrition manager	1	1
Food and nutrition activities worker	3	1
Physical activity development manager	1	1
Physical activity co-ordinator	2	2
Health and fitness instructors	10	7
Health trainer manager	1	1
Health trainer	22	10
Information and communications manager	1	1
Receptionist	3	1
Learning and development manager	1	1
Learning and development support	2	-
Change 4 Life co-ordinator	1	-
Unicef breastfeeding peer support worker	5	-
Seconded staff	-	1
	<u><b>67</b></u>	<u><b>39</b></u>

No employees received remuneration in excess of £60,000 in either year.

## HEALTHWORKS NEWCASTLE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2011

## 13. TANGIBLE FIXED ASSETS

	Long leasehold £	Plant and machinery £	Fixtures and fittings £	Equipment £	Totals £
<b>COST</b>					
At 1 April 2010	1,140,219	38,808	92,168	93,010	1,364,205
Additions	109,500	-	-	6,049	115,549
Disposals	-	(7,686)	-	(4,051)	(11,737)
At 31 March 2011	<u>1,249,719</u>	<u>31,122</u>	<u>92,168</u>	<u>95,008</u>	<u>1,468,017</u>
<b>DEPRECIATION</b>					
At 1 April 2010	129,987	38,808	73,512	65,518	307,825
Charge for year	10,117	-	3,531	13,773	27,421
Eliminated on disposal	-	(7,686)	-	(2,501)	(10,187)
At 31 March 2011	<u>140,104</u>	<u>31,122</u>	<u>77,043</u>	<u>76,790</u>	<u>325,059</u>
<b>NET BOOK VALUE</b>					
At 31 March 2011	<u>1,109,615</u>	<u>-</u>	<u>15,125</u>	<u>18,218</u>	<u>1,142,958</u>
At 31 March 2010	<u>1,010,232</u>	<u>-</u>	<u>18,656</u>	<u>27,492</u>	<u>1,056,380</u>

## HEALTHWORKS NEWCASTLE

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2011

#### 14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2011	2010
	£	£
Trade debtors	61,833	31,754
Other debtors	7,551	-
Prepayments and accrued income	<u>5,308</u>	<u>6,993</u>
	<u>74,692</u>	<u>38,747</u>

#### 15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2011	2010
	£	£
Other loans	19,998	-
Trade creditors	5,565	-
Social security and other taxes	52,861	50,196
Other creditors	63,759	25,000
Deferred income	87,704	5,223
Accrued expenses	<u>11,527</u>	<u>27,809</u>
	<u>241,414</u>	<u>108,228</u>

#### 16. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2011	2010
	£	£
Other loans - 1-2 years	19,998	-
Other loans - 2-5 years	<u>41,674</u>	<u>-</u>
	<u>61,672</u>	<u>-</u>

#### 17. POST BALANCE SHEET EVENTS

After working closely with the Lemington Community Association for 3 years it became clear that both organisations could benefit from merging. Our aims align well, although our models of working differ. Lemington is an un-incorporated volunteer led management committee, running a busy community hub, whereas HealthWORKS focuses on a wide range of service delivery via a team of employees.

As of April 1<sup>st</sup> 2011 both organisations will operate as the combined charity, HealthWORKS Newcastle. Unrestricted funds of £170,450 were also transferred from Lemington Community Association to HealthWORKS Newcastle at this date.

HEALTHWORKS NEWCASTLE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2011

17. MOVEMENT IN FUNDS

	At 1.4.10 £	Net movement in funds £	Transfers between funds £	At 31.3.11 £
<b>Unrestricted funds</b>				
General Fund	447,479	(14,973)	95,713	528,219
Planned capital and investment and major maintenance fund	106,951	-	61,000	167,951
Building alteration fund	110,000	-	40,000	150,000
Food and nutrition	-	35,995	(35,995)	-
Children's centre	-	10,876	(10,876)	-
Health trainers fund	1,938	56,090	(58,028)	-
Physical Activity	-	1,541	(1,141)	400
Management and Administration	-	72,517	(72,517)	-
Learning and Development	-	10,923	(1,155)	9,768
Unicef Breastfeeding Peer Support	-	11,596	(9,196)	2,400
Change 4 Life West Newcastle	-	7,805	(7,805)	-
Food and Nutrition - Volunteers	-	110	-	110
	<u>666,368</u>	<u>192,482</u>	<u>-</u>	<u>858,848</u>
<b>Restricted funds</b>				
Capital fund	1,014,413	(10,117)	-	1,004,296
Children's centre kitchen	1,389	(1,361)	-	28
Physical activity walking	1,681	(1,681)	-	-
Joining the dots	10,116	(10,116)	-	-
Communities for health	51,892	(51,892)	-	-
Fit as a fiddle	10,278	(5,647)	-	4,631
Food and nutrition - slim with gym	120	(120)	-	-
Food and nutrition - men	-	-	-	-
Health trainers - champion scoping	7,797	(7,797)	-	-
Health trainers - SS East Fossway	-	227	-	227
Yvonne Brown memorial	607	(368)	-	239
Physical Activity - Tesco	-	2,000	-	2,000
Change 4 Life West Newcastle equipment	-	2,757	-	2,757
Skilled for Health	-	16,750	-	16,750
Science City	-	-	-	-
Food and Nutrition - Waste	-	280	-	280
Learning and development	-	-	-	-
	<u>1,098,293</u>	<u>(67,087)</u>	<u>-</u>	<u>1,031,208</u>
<b>TOTAL FUNDS</b>	<u><u>1,764,661</u></u>	<u><u>125,395</u></u>	<u><u>-</u></u>	<u><u>1,890,056</u></u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2011

18. DESIGNATED FUNDS

Funds have been designated by the management committee for the following purposes:-

**Planned capital investment and major maintenance fund** - for the maintenance programme and equipment replacement

**Food and nutrition fund** - represents the balance of income and expenditure on a food and nutrition service provided through a contract with West Riverside Children's Centre.

**Children's centre** - represents the balance of income and expenditure on a children's centre service running at Lemington Community Association. The service is provided through a contract with West Riverside Children's Centre.

**Learning and development** - represents the balance of income and expenditure on a training service we provide

**Health trainers fund** - represents the balance of income and expenditure on a community health trainer service provided through a contract with Newcastle Primary Care Trust.

**Building Alteration Fund** - to provide a short term cushion against the loss of premises rental income in line with the plans of a tenant to relocate, allowing sufficient time to redevelop the space for alternative use.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2011

19. RESTRICTED FUNDS

**Capital** - this represents grants given for the purchase of the building leasehold and equipment, which is expended in line with the depreciation on the relevant assets.

**Children's centre - kitchen** - this represents funding from West Riverside Children's Centre towards the costs of equipping our new training kitchen.

**Physical Activity - walking** - Grants from Newcastle City Council ward committees to enable delivery of Nordic walking sessions.

**Physical Activity - Tesco Award** - Community award from Tesco Charity Trust to purchase gym equipment.

**Joining the dots** - grant from the Quality of Life Partnership to support older people to make health related changes in the lifestyle

**Communities for health** - this represents funding from Newcastle New Deal for Communities for the costs of a health improvement programme focussed around older people, dealing with their long term conditions and mental health.

**Fit as a fiddle** - this represents the balance of income and expenditure on a health improvement service focused on older people funded by a grant from Quality of Life Partnership.

**Change for Life West Newcastle equipment** - Grant to purchase resources for schools and services as part of the Change for Life initiative in West Newcastle.

**Food and nutrition - slim with gym** - this is a grant from Newcastle Community Food Initiative to contribute towards slim with gym cooking sessions.

**Food and nutrition - men** - grant from Community Foundation to deliver cooking sessions to men.

**Food and nutrition - waste** - grant from Newcastle City Council Environment and Housing Delivery Partnership Waste Sub-Group to deliver information and demonstrations on reducing food waste.

**Health trainers - champion scoping** - balance of income and expenditure to scope Health Trainer Champion development and infrastructure requirements of North of Tyne.

**Health trainers - SS East Fossway** - relates to income and expenditure to provide a crèche for healthy living activity in East Newcastle, funded by SureStart Newcastle East and Fossway.

**Yvonne Brown memorial fund** - donations received to be distributed as achievement awards to residents of the West End of Newcastle in memory of Yvonne Brown.

**Science City** - European Regional Development Funding from Newcastle City Council Science City Grant Fund to deliver halogen cooking demonstrations.

**Learning & Development** - grants from Neighbourhood Learning in Deprived Communities fund to develop capacity to deliver learning opportunities for residents of disadvantaged neighbourhoods.

**Skilled for Health** - funding to deliver literacy, language and numeracy skills to people living in inner/outer west and east Newcastle.

Transfers into restricted funds from unrestricted funds are to cover fund deficits; transfers out represent restricted funds spent on fixed assets for general use within the organisation, rather than for a restricted purpose.

HEALTHWORKS NEWCASTLE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2011

	Year Ended 31.3.11 £	Period 1.1.09 to 31.3.10 £
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	<u>16,316</u>	<u>7,642</u>
	16,316	7,642
<b>Activities for generating funds</b>		
Reimbursed expenses	18,362	22,651
Other income	<u>46,211</u>	<u>22,086</u>
	64,573	44,737
<b>Investment income</b>		
Deposit account interest	891	1,355
<b>Incoming resources from charitable activities</b>		
Health improvement activities	<u>1,340,268</u>	<u>1,452,292</u>
<b>Total incoming resources</b>	<u>1,422,048</u>	<u>1,506,026</u>
<b>RESOURCES EXPENDED</b>		
<b>Costs of generating funds</b>		
Wages	30,690	28,877
<b>Charitable activities</b>		
Staffing costs	786,681	731,042
Social security	68,404	57,000
Pensions	14,952	21,898
Operating costs	199,902	380,537
Central costs recharged	163,053	139,824
Long leasehold depreciation	10,117	11,402
Plant and machinery depreciation	-	316
Fixtures and fittings depreciation	3,531	4,460
Equipment depreciation	13,773	17,257
Loss on sale of tangible fixed assets	1,550	-
Project grants	<u>-</u>	<u>7,374</u>
	1,261,963	1,371,110
<b>Governance costs</b>		
Operating costs	<u>4,000</u>	<u>8,011</u>
<b>Total resources expended</b>	<u>1,296,653</u>	<u>1,407,998</u>
<b>Net income</b>	<u><u>125,395</u></u>	<u><u>98,028</u></u>